



## **Monday 14<sup>th</sup>-Sunday 20<sup>th</sup> February**

### **Be still and know that I am God**

We have landed in week three of our prayer and fasting week. This week we have set up a prayer space in The Hub at CBC. The space is open Monday to Friday, 10am to 4pm and 7pm to 9pm.

Please come along, go around the room and spend time at each station. Spend time with God. Pause and take a breath, take communion and participate in many other prayerful activities, everything is very self-explanatory once you are there. It's a very special and peaceful space and we hope you will find it moving and refreshing.

The stations are:

#### **The Environment**

**Rejoice**

**Pause**

#### **Fruit of the Spirit**

**Ask**

**Communion**

**Worship**

**Yield**

**Saturday 19<sup>th</sup> – Use this day to pray and read the word in any way you feel led to do**

**Sunday 20<sup>th</sup> - Sunday service**